

**CUTV News Radio  
Press Release for  
Janet Harvey of InviteCHANGE**

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SHOW DATES; Thursdays @ 3:00pm EST  
November 7<sup>th</sup> (DL), 14<sup>th</sup>, (JM), and 21<sup>st</sup> (DL)  
December 5<sup>th</sup> (JM), 12<sup>th</sup> (DL) and 19<sup>th</sup> (JM)

FOR IMMEDIATE RELEASE  
Contact CUTV News Radio (631)850-3314

**CUTV News to Highlight Master Coach, Janet M Harvey of InviteCHANGE,  
one of its powerful *Women Making a Difference***

It's the beginning of November and the weather is changing, and the clocks have just changed too. What an ideal time to get better acquainted with Janet M Harvey, an expert on how to navigate change and actually invite it into your life. She is a Master Certified Coach and CEO of a businesses with that concept built into its name InviteCHANGE. Janet stresses that leaders have to be open to new ways of leading, asking their teams for more participation and feedback, and becoming the cause of progress.

As the season began, Janet was in Europe at a conference, where the 144 chapters across the world that comprise ICF Global met to exchange their wonderful ideas. ICF, or the International Coaching Federation is very close to Janet's heart. She helps train and certify coaches for the organization and has also served as President of ICF Global and President of the ICF Foundation during her many years of coaching. Janet also presented at the conference about surpassing plateaus. She was also one of a cadre of coaches drafting a formal UN Agreement to help ignite social progress, increase organizational effectiveness, and generate sustainable excellence (as part of the UNs worldwide 2030 sustainable development agenda.) Janet is so grateful to be part of this wide-ranging effort, and to have contributed to the difference coaching has made in more than 4,000,000 million lives. That is one of the reasons CUTV News is speaking with Janet during its series on Women Making a Difference.

"Change is natural. We change jobs. We change homes. And it happens all the time. So, change is not the problem. Loss of control and living with uncertainty are the real problem."

Janet says that creating change comes from letting go of habitual thinking, and living with constant curiosity and greater agility. These are the key to moving forward—in an increasingly global and 24x7 business arena of course, but also as people and a society.

In her series, Janet is going to talk about coaching as a means for igniting social progress. She will also discuss many of the principles of her work, such as Generative Wholeness, The Authentic Self, and Reinventing Leadership (for the self and others.) Janet will explain why coaching principles are increasingly being adopted as best practices, and the 7 Dilemmas of Leading-- which can be overturned to create breakthroughs, cultural change and sustainable excellence. She will also recap terms like sovereign and generative, concepts that Janet spoke about in past shows, and how they make for a better world.

Janet M. Harvey, MCC has a solid background in business leadership and the coaching industry, more than 30 years in all. She is recognized among the top in coaching: a coach who helped define the industry, and a coaches' coach. She has developed proprietary programs and services that help businesspeople to grow, change, make a different set of choices, and lead more effectively. We have learned so much from her and now you will, too.

***CUTV News Radio will feature Janet M Harvey, MCC in interviews with both Doug Llewelyn and Jim Masters, on Thursdays at 3:00pm EST, beginning November 7<sup>th</sup> and then into December Listen to the shows on BlogTalkRadio***

***If you have questions for our guest, please call 347-996-3369***

***For more information about Janet and her work, please visit: <https://www.invitechange.com>***